



VOLUNTEER INFORMATION FORM

Loaves and Fishes of Tompkins County

If you need written verification of community service hours, do NOT fill out this form.

Please request a Community Service Form from the kitchen manager.

All volunteer activities must be scheduled through the volunteer coordinator or a kitchen manager.

Name (Print Clearly) _____ Today's Date _____

Address _____ Email _____

City/Zip _____ Primary Phone _____

Are you under age 18? Yes No If yes, please inform the Kitchen Manager.

You must be at least 18 years of age to use knives, any electrical equipment in kitchen including dishwasher or work at the stove. You must be at least 16 years of age to work in the kitchen and food prep areas.

Can you make a 3-month commitment? Yes No – until when? _____

Please check all that apply: Adult Student - Where? Under Age 18? Group - Name? _____

KITCHEN SHIFTS Food preparation, serving, cleanup. Please indicate availability.

	Food Prep		Serving & Clean up	
Monday	9:00 – Noon	<input type="checkbox"/>	11:30 - 2:30	<input type="checkbox"/>
Tuesday	2:30 – 5:30	<input type="checkbox"/>	5:00 - 8:00	<input type="checkbox"/>
Wednesday	9:00 - Noon	<input type="checkbox"/>	11:30 - 2:30	<input type="checkbox"/>
Thursday	2:30 – 5:30	<input type="checkbox"/>	5:00 - 8:00	<input type="checkbox"/>
Friday	9:00 - Noon	<input type="checkbox"/>	11:30 - 2:30	<input type="checkbox"/>

ADVOCACY The advocacy program is always looking for listeners to share meals, hospitality and compassion with guests. Volunteer Advocates often help link our guests to existing community resources. The Volunteer Advocate's activity is based on the volunteers' skills, interests, and availability. Related advocacy volunteer trainings are offered/required.

EVENTS AND PROJECTS You will be added to a list to receive emails related to all special events and projects during the timeframe specified. However, if you have special skills and interests in any particular area, please tell us!

Availability: Winter Spring Summer Fall

Our Needs and Projects:

- On call kitchen help (summer, school breaks, sporadic)
- Fundraising/PR,
- Farmer's Market Assistant (weekends) to pick up vegetables
- Photography
- Computer/general office skills
- Cooking/food service experience
- Fundraising/PR
- Other: _____

Your Skills and Interests:

- Fundraising events (staffing, coordination, planning)
- Committee members (Education/advocacy, operation)
- Projects (annual appeal, development, newsletter)
- Food Rescue (Food pick-up or harvesting)
- Crafts (demonstrators, helpers)
- Advocacy/human services experience/social work skills
- HR/Personnel training/experience
- musical, performing – Instrument _____

By signing below, I verify that I have thoroughly read and understood the following documents:

PLEASE SEE REVERSE SIDE FOR IMPORTANT INFORMATION



- 1) Loaves & Fishes Volunteer Guidelines/Rules
- 2) Loaves & Fishes Code of Conduct
- 3) Loaves & Fishes Anti-Discrimination and Anti-Harassment Policy

Printed Name: _____

Signature: _____

Loaves & Fishes does not have insurance for volunteers/community service workers. Please read the following and sign below:

HOLD HARMLESS AGREEMENT

As a participant in the program of Loaves and Fishes of Tompkins County Inc., the undersigned agrees to be responsible for any Bodily Injury, Sickness or Property Loss/Damage sustained while serving as a volunteer.

Further, the undersigned agrees to hold harmless the entities known as Loaves and Fishes of Tompkins County Inc. and St. John's Episcopal Church, their employees, agents, directors, other volunteers and participants for Bodily Injury, Sickness or Property Loss/Damage sustained while serving as a volunteer for Loaves & Fishes.

Volunteer: _____ Date: _____

Witness: _____

Please note there is no parking allowed behind the St. John's Church. All spaces are reserved or rented by the church. Unmetered parking is available one block away on Geneva Street.

Thank you for your interest and support. We rely on 20 – 30 community volunteers each day. So your help is very much appreciated!

Please bring this form with you for your first shift, or return to:

info@loaves.org

Loaves & Fishes
210 N. Cayuga Street
Ithaca, NY 14850
(607) 272-5457

For more information please visit our website at: www.loaves.org and view our inspiring video.



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